

WEEK 1 (WEEK OF 2/22)

46 DAYS OF KINDNESS

A LENTEN CHALLENGE

Directions: Keep 1 per person—couple cannot share!
Put this in a prominent place in your home!
☒ each challenge that you complete.

They do not have to be done on the day listed.

RETURN THIS TO WORSHIP NEXT SUNDAY!

Goal: Each week, after all cards are collected,
we will total up the number of “acts of random kindness”
or “ARK” from our cards.

Our congregational Lenten goal is 500 acts!

(You do not need to put your name on this.)

<input type="checkbox"/>	1	2/22 Ash Wednesday	Clear your heart & mind with a thorough confession.
<input type="checkbox"/>	2	2/23 (Thursday)	Give a complete stranger a compliment.
<input type="checkbox"/>	3	2/24 (Friday)	Pay for someone else's meal.
<input type="checkbox"/>	4	2/25 (Saturday)	Visit or send a card to someone who is sick or homebound.

My weekly total is (circle one): 1 2 3 4

**You will receive “Week 2” in next week’s bulletin, and so on. If you know you will be gone on any of the upcoming Sundays, you can pick up that week’s challenge card right now on the front table near the main entry. If you missed a week, you may go back and get a previous one, too.*

WEEK 2 (WEEK OF 2/26)

46 DAYS OF KINDNESS

A LENTEN CHALLENGE

Directions: Keep 1 per person—couple cannot share!
Put this in a prominent place in your home!
☒ each challenge that you complete.
They do not have to be done on the day listed.
RETURN THIS TO WORSHIP NEXT SUNDAY!

Goal: Each week, after all cards are collected,
we will total up the number of “acts of random kindness”
or “ARK” from our cards.
Our congregational Lenten goal is 500 acts!
(You do not need to put your name on this.)

<input type="checkbox"/>		2/26 (Sunday) <i>(Technically, Sundays are not part of Lent, but I've included them—making it 46 days total)</i>	Pray for the Body of Christ <i>(believers all around the world),</i> and for other faiths, too.
<input type="checkbox"/>	5	2/27 (Monday)	Invite someone to spend time with you.
<input type="checkbox"/>	6	2/28 (Tuesday)	Tell someone you're grateful for them.
<input type="checkbox"/>	7	3/1 (Wednesday)	<i>Your choosing. List details:</i>
<input type="checkbox"/>	8	3/2 (Thursday)	Drop some change in a charity jar OR round up at the checkout.
<input type="checkbox"/>	9	3/3 (Friday)	Leave a closer parking spot for someone else.
<input type="checkbox"/>	10	3/4 (Saturday)	Put away someone else's shopping cart OR help them load their groceries in their car.

My weekly total is (circle one): 1 2 3 4

**You will receive “Week 3” in next week’s bulletin, and so on. If you know you will be gone on any of the upcoming Sundays, you can pick up that week’s challenge card right now on the front table near the main entry. If you missed a week, you may go back and get a previous one, too.*

WEEK 3 (WEEK OF 3/5)

46 DAYS OF KINDNESS

A LENTEN CHALLENGE

Directions: Keep 1 per person—couple cannot share!

Put this in a prominent place in your home!

☒ each challenge that you complete.

They do not have to be done on the day listed.

RETURN THIS TO WORSHIP NEXT SUNDAY!

Goal: Each week, after all cards are collected, we will total up the number of “acts of random kindness” or “ARK” from our cards. Our church goal is 500 acts!
(*You do not need to put your name on this.*)

<input type="checkbox"/>		3/5 (Sunday) <i>(Technically, Sundays are not part of Lent, but I've included them—making it 46 days total)</i>	Pray for specific places of strife & conflict in the world; for our planet/environment.
<input type="checkbox"/>	11	3/6 (Monday)	Clear your closet. Make a donation of clothes or other items.
<input type="checkbox"/>	12	3/7 (Tuesday)	Call someone who lives far away.
<input type="checkbox"/>	13	3/8 (Wednesday)	Leave an encouraging note on someone's car.
<input type="checkbox"/>	14	3/9 (Thursday)	<i>Your choosing. List details:</i>
<input type="checkbox"/>	15	3/10 (Friday)	Pay it forward at a local business (buy the person's order behind you in line).
<input type="checkbox"/>	16	3/11 (Saturday)	Pick up some litter around your neighborhood.

My weekly total is (circle): 1 2 3 4 5 6 7

*You will receive “Week 4” in next week’s bulletin, and so on. If you know you will be gone on any of the upcoming Sundays, you can pick up that week’s challenge card right now on the front table near the main entry.
If you missed a week, you may go back and get a previous one, too.

WEEK 4 (WEEK OF 3/12)

46 DAYS OF KINDNESS

A LENTEN CHALLENGE

Directions: Keep 1 per person—couple cannot share!

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☒ each challenge that you complete.

They do not have to be done on the day listed.

RETURN THIS TO WORSHIP NEXT SUNDAY!

Goal: Each week, after all cards are collected, we will total up the number of “acts of random kindness” or “ARK” from our cards. Our church goal is 500 acts!
(*You do not need to put your name on this.*)

<input type="checkbox"/>		3/12 (Sunday) <i>(Technically, Sundays are not part of Lent, but I've included them—making it 46 days total)</i>	Pray for our country, our elected leaders, and all who work for peace & justice.
<input type="checkbox"/>	17	3/13 (Monday)	Write a letter to someone you appreciate.
<input type="checkbox"/>	18	3/14 (Tuesday)	Sit down and listen to someone's “story.”
<input type="checkbox"/>	19	3/15 (Wednesday)	Warmly smile at everyone you see today.
<input type="checkbox"/>	20	3/16 (Thursday)	Donate to the food pantry.
<input type="checkbox"/>	21	3/17 (Friday)	Call a friend you haven't talked to in a long time.
<input type="checkbox"/>	22	3/18 (Saturday)	<i>Your choosing. List details:</i>

My weekly total is (circle): 1 2 3 4 5 6 7

*You will receive “Week 5” in next week’s bulletin, and so on. If you know you will be gone on any of the upcoming Sundays, you can pick up that week’s challenge card right now on the front table near the main entry.
If you missed a week, you may go back and get a previous one, too.

WEEK 5 (WEEK OF 3/19)

46 DAYS OF KINDNESS

A LENTEN CHALLENGE

Directions: Keep 1 per person—couple cannot share!

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They do not have to be done on the day listed.

RETURN THIS TO WORSHIP NEXT SUNDAY!

Goal: Each week, after all cards are collected, we will total up the number of “acts of random kindness” or “ARK” from our cards. Our church goal is 500 acts!
(You do not need to put your name on this.)

<input type="checkbox"/>		3/19 (Sunday) <i>(Technically, Sundays are not part of Lent, but I've included them—making it 46 days total)</i>	Pray for our state, our elected officials, emergency & social services, and all in the medical field.
<input type="checkbox"/>	23	3/20 (Monday)	<i>Your choosing. List details:</i>
<input type="checkbox"/>	24	3/21 (Tuesday)	Give someone a flower or a plant.
<input type="checkbox"/>	25	3/22 (Wednesday)	Make amends with someone.
<input type="checkbox"/>	26	3/23 (Thursday)	Let someone in front of you in line.
<input type="checkbox"/>	27	3/24 (Friday)	Leave a generous tip at a restaurant.
<input type="checkbox"/>	28	3/25 (Saturday)	Take or draw a photo that inspires you. Give it to someone.

My weekly total is (circle): 1 2 3 4 5 6 7

*You will receive “Week 6” in next week’s bulletin, and so on. If you know you will be gone on any of the upcoming Sundays, you can pick up that week’s challenge card right now on the front table near the main entry.

If you missed a week, you may go back and get a previous one, too.

WEEK 6 (WEEK OF 3/26)

46 DAYS OF KINDNESS

A LENTEN CHALLENGE

Directions: Keep 1 per person—couple cannot share!

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☒ each challenge that you complete.

They do not have to be done on the day listed.

RETURN THIS TO WORSHIP NEXT SUNDAY!

Goal: Each week, after all cards are collected, we will total up the number of “acts of random kindness” or “ARK” from our cards. Our church goal is 500 acts!
(You do not need to put your name on this.)

<input type="checkbox"/>		3/26 (Sunday) <i>(Technically, Sundays are not part of Lent, but I've included them—making it 46 days total)</i>	Pray for our local community, our village administration, police & fire, public works, and schools.
<input type="checkbox"/>	29	3/27 (Monday)	Write a positive post online.
<input type="checkbox"/>	30	3/28 (Tuesday)	Hold the door open for someone.
<input type="checkbox"/>	31	3/29 (Wednesday)	Thank someone in service <i>(janitor, military, social services).</i>
<input type="checkbox"/>	32	3/30 (Thursday)	Call the village office with a compliment. <i>(*they are keeping track of complaints vs. compliments)</i>
<input type="checkbox"/>	33	3/31 (Friday)	<i>Your choosing. List details:</i>
<input type="checkbox"/>	34	4/1 (Saturday)	Count all your blessings all day long.

My weekly total is (circle): 1 2 3 4 5 6 7

*You will receive “Week 7” (the last one) in next week’s bulletin. If you know you will be gone on any of the upcoming Sundays, you can pick up that week’s challenge card right now on the front table near the main entry.

If you missed a week, you may go back and get a previous one, too.

HOLY WEEK (7) (WEEK OF 4/2)

46 DAYS OF KINDNESS

A LENTEN CHALLENGE

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They do not have to be done on the day listed.*

**RETURN THIS TO WORSHIP NEXT SUNDAY!
NEXT SUNDAY (EASTER) IS THE LAST SUNDAY
TO TURN IN *ALL* YOUR CHALLENGES!**

*Goal: Each week, after all cards are collected,
we will total up the number of “acts of random kindness”
or “ARK” from our cards. Our church goal is 500 acts!
(You do not need to put your name on this.)*

<input type="checkbox"/>		4/2 (Palm-Passion Sunday) <i>(Technically, Sundays are not part of Lent, but I've included them—making it 46 days total)</i>	Pray for PEUMC, your pastor, our sick & shut-in members, our leaders, etc.
<input type="checkbox"/>	35	4/3 (Holy Monday)	Leave a treat or baked good for a neighbor.
<input type="checkbox"/>	36	4/4 (Holy Tuesday)	<i>Your choosing. List details:</i>
<input type="checkbox"/>	37	4/5 (Holy Wednesday)	Offer to clean up after someone.
<input type="checkbox"/>	38	4/6 (Maundy Thursday)	Share a meal with someone.
<input type="checkbox"/>	39	4/7 (Good Friday)	Take a 'sabbath rest' from social media OR avoid complaining.
<input type="checkbox"/>	40	4/8 (Holy Saturday)	Give a hearty prayer of thanks to God/Jesus.

My weekly total is (circle): 1 2 3 4 5 6 7

**If you've missed any of the previous weeks, you can pick up previous weekly challenges right now on the front table near the main entry.
Easter Sunday is the final Sunday to return all your challenges.*